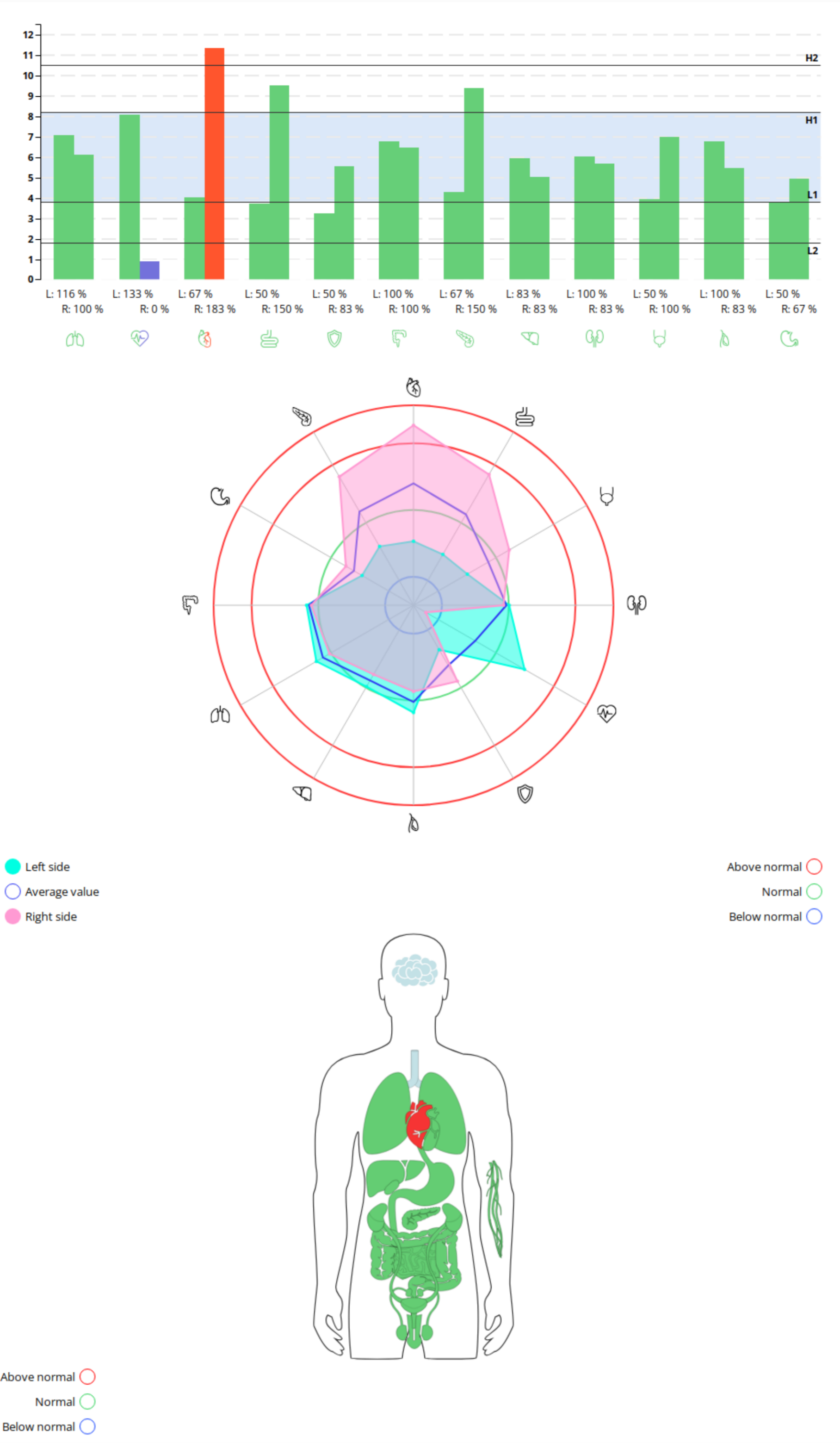


**Record details**

Profile measurement record Tan siew hin from 2024-07-27 04:52

Body temperature (°C) <b>0.0</b>	Upper left pressure <b>0</b>	Lower left pressure <b>0</b>	Upper right pressure <b>0</b>
Lower right pressure <b>0</b>	Heart rate <b>0</b>	Time sleep <b>0</b>	Weight (kg) <b>0</b>
Emotional state ☹️ 😐 😊 😄 😁		Overall feeling 👤 👤 👤 👤 👤	
Comments			



**Indicators**

Energy level Below normal	<b>5.87</b>
Immunity Fine	<b>4.39</b>
Metabolism Fine	<b>1.10</b>
Psycho-emotional state Fine	<b>1.07</b>
Musculoskeletal system Below normal	<b>0.82</b>
<b>Average value</b>	<b>5.87</b>

φ L	φ R	(+)	(/)	Norm
<b>73.96</b>	<b>67.02</b>	140.98	<b>1.10</b>	<b>0.9-1.1</b>
Left	Right	L/R		Norm
<b>63.61</b>	<b>77.37</b>	<b>0.82</b>		<b>0.9-1.2</b>
Up	Down	Up/Down		Norm
<b>72.82</b>	<b>68.16</b>	<b>1.07</b>		<b>0.9-1.2</b>
L2	L1	H1		H2
<b>3.83</b>	<b>1.80</b>	<b>10.52</b>		<b>8.20</b>

- Recommendations**
- Pericardium, cardiovascular system**

**Insufficiency**

**Heart**

**Hyperactivity**
- The organ that is most often in the greatest insufficiency requires the greatest attention. An organ in a state of hyperactivity is compensatory; your observation is recommended. As a rule, no action is required.
- If you observe an organ metric below 15% for several days, you should consult a doctor.
- Insufficiency**
  - Hyperactivity**
  - Diet**
  - Dietary recommendations**
  - Food**
  - Exclude**
  - General recommendations**
  - Physical exercise**
  - Additional recommendations**